RESEARCH ARTICLE

REVISED Risk factors for intimate partner violence and abuse among adolescents and young adults: findings from a UK population-based cohort [version 2; peer review: 2 approved with reservations]

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Abstract

Background: Approximately one-third of young people in the UK have suffered intimate partner violence and abuse (IPVA) on reaching adulthood. We need interventions to prevent IPVA in this population, but there is a lack of evidence on who is at greatest risk.

Methods: We analysed questionnaire data from 3,279 participants of the Avon Longitudinal Study of Parents and Children population-based birth cohort. We estimated the prevalence of IPVA victimisation and perpetration by age 21, by sex, demographic, parenting, mental health, externalising behaviour (e.g. smoking), educational, employment, and adverse childhood factors.

Results: Overall, 29% of males and 41% of females reported IPVA victimisation, with 20% and 25% reporting perpetration, respectively (16% and 22% both). The most common sub-type was emotional, followed by physical, then sexual. History of self-harm, anti-social behaviour, cannabis or illicit (non-cannabis) drug use among males and females were associated with a two-fold increase in likelihood of IPVA (victimisation or perpetration). Males reporting risky sexual behaviour, sexual abuse (not by an intimate partner), or witnessing domestic violence, and females reporting sexual minority status in adolescence were also twice as likely to experience IPVA. Extreme parental monitoring during adolescence was associated with a reduced risk of IPVA in males and females, as was high academic achievement, and NEET (not being in education, employment, or

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training) status for young adult men.

Conclusions: A range of demographic, mental health, and behavioural factors were associated with increased prevalence of IPVA victimisation or perpetration. Further study of likely complex pathways from these factors to IPVA, to inform primary prevention, is needed.

Keywords

ALSPAC, Intimate Partner Violence, Dating Violence, Adolescent, Young Adult, Cohort Studies

This article is included in the [Avon Longitudinal Study of Parents and Children \(ALSPAC\)](#) gateway.

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REVISED Amendments from Version 1

This article has been updated following comments from Reviewer #1. We have provided more information about data collection and response rates, and have updated tables so it is easier to compare men and women with each outcome (IPVA victimisation and perpetration). We include more discussion around indicators of SES (education and NEET status), not just Index of Multiple Deprivation, to make the point that results for different indicators do not fully align, and this needs further exploration in future research. Finally, we have updated [Figure 1](#), so it only relates to impact of victimisation, not perpetration, as this better reflects how the questions around impact were asked.

Any further responses from the reviewers can be found at the end of the article

Introduction

Intimate partner violence and abuse (IPVA), defined as the physical, emotional/psychological, or sexual abuse by a current or former partner, is associated with acute, short-term effects such as injury, and poor long term physical and mental health, such as obesity and depression^{1,2}, as well as substantial social and economic costs³. Public health approaches that can support individuals at high risk for IPVA, to prevent its occurrence or mitigate its adverse effects are needed, and have increasingly become a focus of the UK government⁴. Adolescence and young adulthood is a time when most individuals establish their beliefs around peer and dating relationships⁵, and as such, may be an ideal phase in the life course to identify high-risk individuals for primary prevention⁶.

According to data from the Avon Longitudinal Study of Parents and Children (ALSPAC), a birth cohort established in the early 1990s, approximately 37% of young people in the UK have been exposed to IPVA victimisation by the time they are 21 years old⁷. However, which groups of young people in the UK might be at greatest risk of IPVA victimisation or perpetration, and might most benefit from intervention, is currently not well understood^{2,8}. Most evidence on risk or protective factors come from studies of North American populations, which are likely to differ both culturally and in terms of educational, social, health, and judicial systems, compared to young people in other countries^{8–14}. Further, most studies of IPVA have been in small or unrepresentative samples, are of adolescents aged under 18 or older adults, are in young girls and women only, or investigate risk or protective factors for victimisation but not perpetration^{8–14}. There is a clear need for contemporary information from large studies, and for a deeper understanding of pathways to IPVA with which to inform the development and evaluation of prevention strategies.

We therefore investigated risk factors for IPVA occurring up to age 21 in a large UK population-based birth cohort. The aim was to identify subgroups of adolescents and young adults who are at greatest risk of either IPVA victimisation or perpetration.

Methods**Data**

We conducted a cross-sectional analysis of data from birth to 21 years old on participants from the ALSPAC cohort. ALSPAC recruited ~14,500 pregnant women residing in Avon, UK, with expected delivery dates in April 1991–December 1992 (approximately three-quarters of the eligible population) and has collected information on the mothers, partners, and their offspring, on a wide range of mental, physical, economic, and social factors, for the subsequent 25 years. Study data were collected and managed using REDCap electronic data capture tools hosted at University of Bristol¹⁵. More information on ALSPAC is available within published cohort profiles^{16–18}. The study website contains details of all the data that is available through a fully searchable data dictionary and variable search tool¹⁹.

We focussed on participants in the age 21 wave (median and interquartile range [IQR] age 21, 21 to 22). All eligible participants who could be contacted (n=9,353) were provided details of an online questionnaire in mid-December 2013, and then sent a series of up to four reminders at three-week intervals, some of these reminders containing a paper version of the same questionnaire. The dataset for the age 21 wave consisted of 3,459/9,353 (37%) who had responded. The current study's cohort was the 3,279 who answered questions within the IPVA section (minus one participant where sex was missing). Data were not available on reasons for non-contact or non-response.

Characteristics of study cohort

Characteristics of the 1,149 males and 2,130 females in the study cohort have been reported elsewhere⁷. In summary, the majority of participants were white, lived with both parents, had a mother that was married, and had parents who were both in professional, managerial or skilled occupations when they were born. By age 16, approximately two-thirds defined themselves as '100% heterosexual' (as opposed to 'mostly heterosexual', 'bisexual', etc.; noting that over one-quarter of data on sexuality was missing), around half had reported having had at least one ACE (adverse childhood experience), and around one-fifth of girls reported having self-harmed (*Extended data*, Table C)²⁰. By age 18, around one-fifth of girls and boys reported drinking hazardous levels of alcohol or risky sexual behaviour, such as not using contraception, and one in ten had ever been hospitalised.

As, by definition, IPVA occurs within intimate relationships, we estimated how many of the study cohort had been in a relationship by age 21, through two questions explicitly capturing this at ages 13 and 17, and augmented by responses to other questions at ages 12–21 (described in more detail in *Extended data*, Table A)²⁰. This indicated minimum prevalence of relationships that were still likely under-captured, so we did not restrict the analysis according to these questions. Over half of the study cohort explicitly said that they had been in a relationship by age 18 (57%), and 74% indicated this, increasing to 88% by the time they were 21. These proportions were similar between men

and women. Young people were less likely to report being in a relationship by age 21 if they were non-White (non-White vs. White men: 71% vs. 85%, women: 75% vs. 90%), with little difference between those of different deprivation categories or sexuality.

Exposures

We investigated individual, relational, and community characteristics, as potential risk factors, based on previous literature^{8–14}. These factors were: high area-level deprivation (age 21), ethnic minority status (birth records, augmented by data at later waves), sexual minority status (ages 15 and 21), history of: depression (ages 16 and 18), anxiety (ages 15 and 17), self-harm (ages 16 and 17), anti-social behaviours (ages 13 and 18), substance misuse (smoking, cannabis use, regular illicit [non-cannabis] drug use – ages 16 and 18; hazardous alcohol use at age 18), risky sexual behaviours (age 12–17), high levels of parental monitoring (age 15), hospitalisations (age 15–18), low educational attainment (age 13–14 and 16), and Not in Employment, Education or Training (NEET) status (ages 18 and 20). We also investigated 11 different types of adverse childhood experiences (ACEs, e.g. witnessing domestic violence, by age 16)²¹. Further details on how these variables were derived are provided in *Extended data*, Table B²⁰.

For most exposures, we imputed any missing values using multiple imputation via chained equations. We assumed values to be missing at random and sufficient auxiliary information with which to impute, except for ethnicity, sexuality, risky sexual behaviour, and hospitalisation. We also included imputed ACE variables as previously described²¹. Further details on imputation methods used are provided in *Extended data*, Box A²⁰.

Outcome: IPVA

The IPVA section of the questionnaire at age 21 was based on previous UK and European questionnaires and the PROVIDE questionnaire^{22,23}, and is described in full in a paper validating its psychometric properties⁷. Questions asked about occurrence of eight different examples of emotional, physical, and sexual IPVA victimisation within intimate relationships, including one-night stands (e.g.: ‘Used physical force such as pushing, slapping, hitting or holding you down?’ – physical victimisation). Participants were also asked the frequency of these events (‘never’, ‘once’, ‘a few times’, ‘often’), and whether they occurred before/after turning 18 or both periods. There were also four similarly worded (but more condensed) questions on occurrence and frequency of emotional, physical, and sexual IPVA perpetration. Participants were also asked ‘How did you feel after they did these things to you?’ following the batch of victimisation questions, with ten different response options (seven negative impacts, e.g. ‘upset/unhappy’, one neutral – ‘no effect/not bothered’, two positive, e.g. ‘felt loved/protected/wanted’).

For the purpose of this study, we considered a participant to have experienced IPVA victimisation, perpetration, and their different sub-types (e.g. emotional), if they had responded at least ‘once’ for any of the respective questions. It has been previously argued that thresholds should be carefully considered for

certain sub-types such as emotional victimisation to avoid over-estimating IPVA²⁴. We defined the cut-off ‘never’ vs. ‘ever’, for two reasons. Firstly, the header of the questionnaire was ‘*Intimate Partner Violence*’, likely raising the threshold of severity for reporting certain behaviours. Secondly, for participants who answered ‘ever’ to any of the eight different victimisation questions, i.e. including those relating to emotional IPVA, negative impact was reported by 75–99%.

Statistical analyses

We estimated the prevalence of IPVA victimisation and perpetration, respectively, up to age 17, at age 18–21, and ‘ever’ (by age 21), overall and by each factor of interest (i.e. IPVA victimisation and perpetration were handled as binary variables; exposure variables categorical). Among those reporting any IPVA victimisation, we reported the proportions who reported negative, neutral, or positive impact. We then presented the association between each of the factors of interest with ‘ever’ IPVA victimisation and perpetration, respectively, as risk ratios and 95% confidence intervals.

We stratified all analyses by sex (recorded at birth), given that a large part of the literature focuses on violence against girls and women^{9,12,25}, and to allow comparison with previous reports. There were insufficient data to also incorporate gender (identity) in analyses. Again, for comparability with previous work, we present prevalence of IPVA sub-types, i.e. emotional, physical, and sexual IPVA, respectively.

In the main text of this report, we present results on exposures where missing values have been imputed; the same results for completely observed exposures are presented in *Extended data*, Table F (noting that sample sizes will vary between exposures)²⁰.

We analysed all data in Stata version 15.1, except for multiple imputation, which was carried out in R version 3.5.3. As per disclosure rules for use of ALSPAC data, we do not report any numbers (or related percentages) less than 5. The R script used for analyses is available at: https://github.com/pachucasunrise/RFs_IPVA.

Consent and ethical approval

Written informed consent was obtained from the parents of participating children after receiving a full explanation of the study. Children were invited to give assent where appropriate. Study members have the right to withdraw their consent for elements of the study or from the study entirely at any time. Full details of the ALSPAC consent procedures are available on the [study website](#). The questions on IPVA were approved by the ALSPAC Ethics and Law Committee (ref: E201210).

Results

Prevalence of IPVA victimisation and perpetration

Overall, 29% of males and 41% of females reported ever being victimised, and 20% and 25% reported ever perpetrating IPVA (Table 1); 16% and 22% reported both victimisation and

Table 1. Prevalence of victimisation and perpetration sub-types by sex and age at when it was reported^a.

	Men (n=1,149)						Women (n=2,130)					
	0-17y		18-21y		0-21y		0-17y		18-21y		0-21y	
Victimisation												
Any	110	(9.6)	275	(23.9)	330	(28.7)	377	(17.7)	683	(32.1)	880	(41.3)
Emotional	98	(8.5)	247	(21.5)	300	(26.1)	295	(13.8)	572	(26.9)	753	(35.4)
Physical	35	(3)	89	(7.7)	115	(10)	145	(6.8)	268	(12.6)	379	(17.8)
Sexual	12	(1)	45	(3.9)	54	(4.7)	191	(9.0)	252	(11.8)	388	(18.2)
Perpetration												
Any	72	(6.3)	181	(15.8)	227	(19.8)	154	(7.2)	442	(20.8)	539	(25.3)
Emotional	68	(5.9)	169	(14.7)	215	(18.7)	140	(6.6)	406	(19.1)	501	(23.5)
Physical	8	(0.7)	20	(1.7)	28	(2.4)	57	(2.7)	150	(7.0)	200	(9.4)
Sexual	8	(0.7)	15	(1.3)	23	(2.0)	5	(0.2)	<5	(<0.2)	7	(0.3)

^a. Data shown are ns (% of 1,149 men or 2,130 women). Counts <5 not displayed to avoid disclosure.

perpetration. Emotional IPVA was the most common sub-type, present in the majority of victimisation and perpetration reports; 14% and 17% of men and women, respectively, reported experiencing either emotional victimisation or emotional perpetration but no other type. IPVA victimisation and perpetration were more likely at an older age (Table 1): 263 (8%) reported being victimised both before and after turning 18 years old (men: 6%; women: 9%), and 130 reported perpetrating during both periods (men: 3%, women: 4%). Rates of reported physical perpetration were higher in women than in men (9% vs. 2%) (Table 1). Sexual IPVA perpetration was reported by 2% of men and 0.3% of women.

Impact of IPVA victimisation

Prevalence of victimisation and perpetration by all factors studied and age (up to 17 years old, between 18 and 21, and at any age up to 21), are presented in *Extended data*, Tables D–E.

Over 60% who reported any IPVA victimisation or perpetration also reported experiencing a negative impact, the most likely impacts were feeling angry/annoyed, upset/unhappy, or sad (Figure 1). Women were more likely than men to report each of the seven negative types, and men were more likely to report any neutral or positive impacts.

Risk factors for victimisation

Nearly all factors studied were positively associated with IPVA victimisation by age 21, except for high levels of parental monitoring at age 15, NEET status in men at age 20, and ethnicity minority status and relatively high academic achievement (Key Stage 3 scores 117 or greater at age 13–14 or five or more A*-C GCSE grades at age 16) in women, which were negatively associated (Table 2). Risks of victimisation were also increased

for all sub-types of ACEs, except emotional neglect for either sex, bullying for boys, or witnessing violence between parents for girls, but these estimates were imprecise (Table 3).

Risks of victimisation by age 21 were at least doubled for males and females if they reported having self-harmed at age 16 or 17, or regularly using cannabis at age 16 (Table 2). They were also at least double for males who had engaged in risky sexual behaviour by age 17 (Table 2), or who had been sexually abused (not by an intimate partner) by age 16 (Table 3).

Risk factors for perpetration

The risk of IPVA perpetration was also increased for nearly all factors studied, except for high levels of parental monitoring for both sexes, and among men, ethnic minority status, anxiety symptoms at age 15, or NEET status at age 20, and among women, past-month illicit (non-cannabis) drug use at age 18 or relatively high academic achievement (Table 2). Risks of perpetration were also increased for both men and women exposed to certain ACEs by age 16 (physical abuse, sexual abuse, or parental separation), for men who witnessed domestic violence between parents or were exposed to parental mental illness/suicide attempt, and women who experienced emotional abuse, bullying, or parental substance abuse (Table 3).

Risks of perpetration by age 21 were two-fold or higher in men and women who reported engaging in anti-social behaviour at ages 13 or 18, and for several behaviours at age 16: self-harm, regular cannabis use, and illicit (non-cannabis) drug use (Table 2). Risks were also increased for women who considered themselves a sexual minority at age 15 or who had self-harmed at age 17. Risks were also greater for men who had been sexually abused or had witnessed domestic violence by age 16 (Table 3).

Figure 1. Prevalence (%) of different types of impact among participants who reported any victimisation.

Table 2. Relative risks of interpersonal-violence and abuse (IPVA) by 21 years old by socio-demographic/clinical variables and sex^a.

Variable (age that variable covers)	Outcome: Victimisation				Outcome: Perpetration			
	Men (n=1,149)		Women (n=2,130)		Men (n=1,149)		Women (n=2,130)	
	%	RR (95% CI)	%	RR (95% CI)	%	RR (95% CI)	%	RR (95% CI)
Demographics								
Deprivation level (21y)								
1 – Lowest level of deprivation	28.5	(ref)	38.6	(ref)	19.2	(ref)	21.7	(ref)
2	30.3	1.09 (0.75, 1.58)	41.4	1.12 (0.87, 1.46)	18.8	0.97 (0.63, 1.5)	27.2	1.35 (1.00, 1.81)
3	24.9	0.83 (0.54, 1.29)	40.2	1.07 (0.81, 1.42)	17.0	0.86 (0.53, 1.41)	24.1	1.14 (0.83, 1.58)
4	28.8	1.01 (0.65, 1.57)	44.4	1.27 (0.95, 1.70)	23.3	1.28 (0.79, 2.07)	26.6	1.31 (0.95, 1.79)
5 – Highest level of deprivation	33.1	1.24 (0.73, 2.11)	45.2	1.31 (0.92, 1.85)	24.8	1.38 (0.77, 2.47)	30.5	1.58 (1.06, 2.34)
Ethnicity (birth ^b)								
White	28.5	(ref)	41.3	(ref)	19.7	(ref)	25.2	(ref)
Non-White	38.1	1.45 (0.76, 2.77)	38.9	0.87 (0.56, 1.36)	16.7	0.84 (0.37, 1.92)	26.7	1.14 (0.70, 1.84)
Sexuality (15.5y)								
100% heterosexual	26.2	(ref)	38.8	(ref)	18.7	(ref)	22.0	(ref)
Not 100% heterosexual	40.4	1.91 (1.22, 3.01)	55.1	1.94 (1.43, 2.63)	23.6	1.34 (0.79, 2.26)	37.2	2.10 (1.53, 2.88)
Internalising symptoms/behaviours								
Depression symptoms in past two weeks								

Variable (age that variable covers)	Outcome: Victimisation						Outcome: Perpetration					
	Men (n=1,149)			Women (n=2,130)			Men (n=1,149)			Women (n=2,130)		
	%	RR (95% CI)		%	RR (95% CI)		%	RR (95% CI)		%	RR (95% CI)	
At 16y												
No	27.3	(ref)		38.2	(ref)		18.6	(ref)		22.9	(ref)	
Yes	39.2	1.77	(1.18, 2.67)	51.0	1.64	(1.33, 2.04)	28.1	1.76	(1.13, 2.75)	32.6	1.56	(1.24, 1.97)
At 18y												
No	27.3	(ref)		37.8	(ref)		18.6	(ref)		22.9	(ref)	
Yes	35.6	1.39	(0.93, 2.1)	49.6	1.38	(1.11, 1.71)	25.4	1.60	(1.03, 2.48)	31.1	1.35	(1.07, 1.71)
Anxiety symptoms												
At 15.5y (in past six months)												
No	28.5	(ref)		40.8	(ref)		19.7	(ref)		24.8	(ref)	
Yes	42.9	1.85	(0.50, 6.91)	54.7	1.75	(1.01, 3.02)	19.3	0.91	(0.17, 4.99)	38.5	1.89	(1.09, 3.28)
At 17.5y												
No	27.7	(ref)		39.4	(ref)		18.9	(ref)		23.4	(ref)	
Yes	43.5	1.98	(1.12, 3.50)	53.8	1.79	(1.33, 2.41)	32.4	2.02	(1.07, 3.82)	37.3	1.94	(1.44, 2.63)
Self-harm behaviours ever												
At 16y												
No	26.7	(ref)		35.5	(ref)		18.1	(ref)		21.1	(ref)	
Yes	44.6	2.25	(1.46, 3.45)	57.4	2.47	(2.02, 3.02)	32.7	2.38	(1.54, 3.68)	36.8	2.10	(1.68, 2.63)
At 17.5y												
No	27.2	(ref)		36.8	(ref)		18.9	(ref)		21.9	(ref)	
Yes	41.0	2.05	(1.27, 3.30)	56.6	2.63	(2.04, 3.38)	26.8	1.50	(0.87, 2.61)	36.6	2.49	(1.91, 3.26)
Externalising behaviours												
Anti-social behaviour in past 12 months ^c												
At 13y												
No/not reported ^d	28.1	(ref)		40.5	(ref)		18.7	(ref)		24.0	(ref)	
Yes	34.7	1.37	(0.85, 2.21)	50.0	1.50	(1.07, 2.09)	30.1	2.14	(1.32, 3.50)	38.8	2.19	(1.56, 3.09)
At 18y												
No/not reported ^d	27.6	(ref)		40.4	(ref)		18.7	(ref)		24.5	(ref)	
Yes	38.7	1.81	(0.97, 3.40)	57.1	2.02	(1.18, 3.46)	29.4	2.38	(1.24, 4.56)	39.9	2.47	(1.43, 4.25)
Current cigarette smoking, at least weekly												
At 16y												
No	28.0	(ref)		39.3	(ref)		19.4	(ref)		23.9	(ref)	
Yes	37.1	1.65	(1.03, 2.62)	55.3	2.10	(1.60, 2.75)	24.3	1.39	(0.80, 2.42)	35.3	1.82	(1.36, 2.43)
At 18y												
No	27.0	(ref)		38.4	(ref)		18.4	(ref)		23.5	(ref)	
Yes	38.3	1.93	(1.35, 2.76)	56.7	2.21	(1.69, 2.89)	27.7	1.77	(1.20, 2.62)	34.6	1.71	(1.27, 2.29)

	Outcome: Victimisation						Outcome: Perpetration					
	Men (n=1,149)			Women (n=2,130)			Men (n=1,149)			Women (n=2,130)		
Variable (age that variable covers)	%	RR (95% CI)		%	RR (95% CI)		%	RR (95% CI)		%	RR (95% CI)	
Past year hazardous alcohol use at 18y												
No	28.1	(ref)		40.6	(ref)		17.1	(ref)		23.3	(ref)	
Yes	29.6	1.29	(0.97, 1.73)	42.2	1.77	(1.44, 2.17)	23.3	1.26	(0.91, 1.75)	27.7	1.68	(1.34, 2.09)
Current/past month cannabis use, at least weekly												
At 16y												
No	28.0	(ref)		40.8	(ref)		19.0	(ref)		24.7	(ref)	
Yes	42.3	2.03	(1.15, 3.57)	67.0	3.12	(1.62, 6.02)	33.9	2.16	(1.16, 4.03)	54.8	3.70	(1.93, 7.09)
At 18y												
No	27.6	(ref)		40.4	(ref)		18.9	(ref)		24.6	(ref)	
Yes	38.4	1.68	(1.07, 2.62)	62.2	2.22	(1.13, 4.34)	27.5	1.49	(0.94, 2.37)	41.4	1.97	(1.06, 3.64)
Any current/past month illicit (non-cannabis) drug use												
At 16y												
No	27.9	(ref)		40.1	(ref)		19.0	(ref)		24.2	(ref)	
Yes	43.0	1.74	(0.95, 3.19)	60.2	2.26	(1.53, 3.33)	33.7	2.09	(1.08, 4.04)	43.4	2.31	(1.58, 3.39)
At 18y												
No	27.7	(ref)		39.8	(ref)		18.6	(ref)		24.4	(ref)	
Yes	36.9	1.01	(0.40, 2.55)	59.2	1.24	(0.64, 2.40)	29.4	1.89	(0.69, 5.21)	36.2	0.88	(0.44, 1.74)
Risky sexual behaviour (at 12.5–17.5y)												
No/not reported ^d	24.2	(ref)		37.4	(ref)		17.4	(ref)		21.6	(ref)	
Yes	45.3	2.60	(1.94, 3.49)	51.3	1.79	(1.47, 2.16)	28.6	1.90	(1.37, 2.63)	34.9	1.95	(1.58, 2.40)
Relationships/experiences												
Current parental monitoring levels (15.5y)												
Low/average	30.4	(ref)		47.3	(ref)		21.3	(ref)		30.6	(ref)	
High	26.0	0.75	(0.56, 1.00)	33.3	0.55	(0.45, 0.66)	17.2	0.71	(0.51, 0.99)	18.1	0.42	(0.33, 0.54)
Hospitalisations (at 15.5–18y)												
No/not reported ^d	28.6	(ref)		40.1	(ref)		19.8	(ref)		24.5	(ref)	
Yes	29.4	1.05	(0.71, 1.56)	50.4	1.51	(1.16, 1.97)	19.1	0.96	(0.61, 1.52)	31.5	1.40	(1.05, 1.87)
Education/training												
Key Stage 3 scores (at age 13–14y)												
Key Stage 3 score < 117	30.0	(ref)		45.7	(ref)		19.6	(ref)		27.6	(ref)	
Key Stage 3 score ≥ 117	28.0	1.05	(0.81, 1.36)	38.4	0.81	(0.68, 0.96)	19.9	1.04	(0.78, 1.4)	23.7	0.83	(0.68, 1.01)

Variable (age that variable covers)	Outcome: Victimisation						Outcome: Perpetration					
	Men (n=1,149)			Women (n=2,130)			Men (n=1,149)			Women (n=2,130)		
	%	RR (95% CI)		%	RR (95% CI)		%	RR (95% CI)		%	RR (95% CI)	
GCSE grades (at age 16y)												
< 5 A*-C GCSE grades	31.6	(ref)		47.8	(ref)		18.3	(ref)		29.6	(ref)	
>= 5 A*-C GCSE grades	28.1	0.85	(0.59, 1.22)	40.2	0.73	(0.57, 0.95)	20.0	1.12	(0.72, 1.75)	24.6	0.78	(0.59, 1.03)
NEET status												
At age 18y												
No	28.1	(ref)		41.0	(ref)		19.4	(ref)		25.1	(ref)	
Yes	36.0	1.62	(0.88, 2.99)	47.3	1.24	(0.76, 2.03)	24.4	1.60	(0.90, 2.85)	28.7	1.11	(0.64, 1.94)
At 20y												
No	36.0	(ref)		47.3	(ref)		24.4	(ref)		28.7	(ref)	
Yes	29.4	0.55	(0.29, 1.04)	40.8	1.37	(0.88, 2.13)	20.2	0.65	(0.34, 1.27)	24.8	1.47	(0.97, 2.23)

CI = Confidence Interval; GCSE = General Certificate of Secondary Education; NEET = Not in Employment, Education, or Training; RR = Relative Risk

a. Missing risk factor data were imputed; %s and RRs represent pooled results. For further details, see *Extended data*, Box A²⁰.

b. Augmented by school census responses at 9–13 years old.

c. Not including activities that also come under the definition for IPVA (e.g. 'really hurt someone or been physically cruel to them (e.g. has tied up, cut or burned someone)'). See *Extended data*, Table B²⁰.

d. 'No/not reported' means that the participant's response was 'no' and/or missing for all these categories

Table 3. Relative risks of interpersonal-violence and abuse (IPVA) by 21 years old by adverse childhood experiences (ACEs) and sex^a.

ACE variable (age that variable covers)		Outcome: Victimisation						Outcome: Perpetration					
		Men (n=1,149)			Women (n=2,130)			Men (n=1,149)			Women (n=2,130)		
		%	RR	(95% CI)	%	RR	(95% CI)	%	RR	(95% CI)	%	RR	(95% CI)
Any ACE (0–16y)	No/ not reported ^b	23.1	(ref)		36.1	(ref)		16.2	(ref)		21.2	(ref)	
	Yes	29.9	0.97	(0.75, 1.26)	42.4	0.95	(0.80, 1.14)	20.6	0.99	(0.74, 1.33)	26.4	0.88	(0.72, 1.07)
ACE type													
Emotional abuse (0–11y)	No	27.4	(ref)		39.7	(ref)		19.4	(ref)		24.1	(ref)	
	Yes	33.7	1.30	(0.93, 1.82)	46.4	1.24	(0.98, 1.57)	21.1	1.07	(0.72, 1.57)	30.0	1.32	(1.02, 1.71)
Physical abuse (0–11y)	No	26.4	(ref)		39.4	(ref)		17.8	(ref)		23.7	(ref)	
	Yes	37.7	1.65	(1.19, 2.29)	48.0	1.32	(1.04, 1.68)	27.6	1.77	(1.24, 2.54)	31.7	1.48	(1.15, 1.92)
Sexual abuse (0–16y)	No	28.4	(ref)		40.3	(ref)		19.6	(ref)		24.7	(ref)	
	Yes	43.8	2.52	(0.81, 7.86)	54.8	1.92	(1.26, 2.93)	29.2	2.05	(0.61, 6.86)	35.6	1.78	(1.15, 2.76)
Emotional neglect (0–16y)	No	29.8	(ref)		41.4	(ref)		21.4	(ref)		26.0	(ref)	
	Yes	24.5	0.85	(0.60, 1.19)	39.4	0.93	(0.72, 1.2)	14.0	0.64	(0.42, 0.97)	21.4	0.77	(0.57, 1.04)
Bullying (8–16y)	No	29.2	(ref)		39.6	(ref)		19.7	(ref)		23.8	(ref)	
	Yes	27.2	0.94	(0.70, 1.27)	46.4	1.43	(1.14, 1.8)	20	0.99	(0.71, 1.4)	30.9	1.53	(1.20, 1.96)
Witnessed domestic violence (0–12y)	No	27.0	(ref)		41.3	(ref)		17.5	(ref)		25.5	(ref)	
	Yes	36.4	1.48	(1.03, 2.12)	40.0	0.82	(0.63, 1.07)	30.4	2.07	(1.42, 3.03)	24.2	0.79	(0.58, 1.08)

ACE variable (age that variable covers)		Outcome: Victimisation						Outcome: Perpetration					
		Men (n=1,149)			Women (n=2,130)			Men (n=1,149)			Women (n=2,130)		
		%	RR	(95% CI)	%	RR	(95% CI)	%	RR	(95% CI)	%	RR	(95% CI)
Parental substance abuse (0–11y)	No	28.5	(ref)		40.3	(ref)		19.7	(ref)		24.6	(ref)	
	Yes	30.2	1.06	(0.64, 1.77)	49.4	1.38	(0.97, 1.96)	20.2	0.90	(0.49, 1.63)	32.2	1.31	(0.89, 1.92)
Parental mental illness or suicide attempt (0–16y)	No	25.9	(ref)		39.7	(ref)		17.6	(ref)		24.8	(ref)	
	Yes	32.8	1.33	(1.02, 1.74)	43.0	1.02	(0.85, 1.23)	23.0	1.29	(0.96, 1.74)	25.9	0.95	(0.77, 1.18)
Parent criminal conviction (0–12y)	No	28.1	(ref)		40.4	(ref)		19.7	(ref)		25.2	(ref)	
	Yes	36.2	1.46	(0.86, 2.49)	50.1	1.32	(0.89, 1.96)	20.9	1.06	(0.56, 1.98)	27.0	1.05	(0.67, 1.65)
Parental separation (0–16y)	No	25.8	(ref)		39.8	(ref)		18.4	(ref)		24.7	(ref)	
	Yes	38.7	1.64	(1.19, 2.25)	45.1	1.20	(0.96, 1.5)	24.7	1.33	(0.92, 1.9)	27.1	1.10	(0.85, 1.41)
Number of ACEs (0–16y)	0	23.1	(ref)		36.1	(ref)		16.2	(ref)		21.2	(ref)	
	1	25.2	0.73	(0.51, 1.04)	37.8	0.76	(0.59, 0.98)	17.2	0.80	(0.53, 1.19)	22.8	0.74	(0.55, 0.99)
	2	28.6	0.95	(0.65, 1.40)	43.2	0.96	(0.74, 1.25)	19.8	0.94	(0.60, 1.46)	27.3	0.95	(0.70, 1.27)
	3+	36.1	1.36	(0.96, 1.94)	46.2	1.21	(0.93, 1.55)	24.8	1.33	(0.90, 1.97)	29.0	0.98	(0.73, 1.3)

a. Missing ACEs data were imputed; %s and RRs represent pooled results. For further details, see *Extended data*, Box A²⁰.

b. 'No/not reported' means that the participant's response was 'no' and/or missing for all ACEs.

Sensitivity analyses

Distributions of factors after imputing missing values tended towards greater adversity (i.e. higher proportions of an adverse factor, e.g. anxiety at age 18: 6% vs. 4% in observed data only), which is often the case, given that more vulnerable young people (socioeconomically and otherwise) are more likely to be missing from analyses²⁶. When we compared results using multiple imputation (Table 2) with those in observed data only (*Extended data*, Table F), findings were very similar. The median difference in model coefficients was 6% (IQR: 2% to 23%). The largest differences were for deprivation (level 3 vs. level 1) and its association with victimisation in men, and NEET status at age 17 (vs. no such status) and its association with perpetration in men (RRs in main analyses: 1.01 and 1.43, respectively; RR in observed data only: 1.00 and 1.85).

Discussion

In a contemporary UK population-based cohort, almost three out of ten young men and more than four out of ten young women reported having been exposed to IPVA by the time they were 21, and one in five men and one in four women reported having perpetrated IPVA. We show that these risks were increased for men and women as they turned 18, particularly for those who reported self-harm, anti-social behaviour, regular cannabis, or illicit (non-cannabis) drug use by adolescence. Men who engaged in risky sexual behaviour, had been sexually abused (not by an intimate partner), or had witnessed domestic violence, and sexual minority women, were also at increased risks.

Strengths & Limitations

This study was carried out in a population-based cohort, with a rich range of individual, relational and community-level variables of interest. We used a validated scale to capture IPVA victimisation⁷, and a novel measure of IPVA perpetration. The study's longitudinal nature, and the fact the participants were asked to state whether the IPVA took place before or after turning 18, meant that we could capture characteristics of interest both before and at the time the IPVA occurred.

The accuracy of our estimates of association between different potential risk factors and IPVA depends on the accuracy of our measures of these factors and outcome. Most measures used were chosen from a wider range of measures available – for example, we used information about self-harm from two of the three waves where this was available at 10–17 years old. We selected measures based on previous studies using ALSPAC data, that have provided estimates of prevalence for these factors that are in line with those reported in the wider literature (*Extended data*, Table B). We further accounted for missingness of exposure values through robust multiple imputation methods. In regards to the outcome of IPVA, we parametrised this as broadly as possible (e.g. including emotional abuse and placing the threshold at occurrence 'ever'), supported by previous work⁷. Online/digital abuse is increasingly prevalent^{27,28}, but the IPVA questions did not include any examples of online/digital abuse beyond checking up on someone by phone or text. Therefore, we could not study other common examples, such as sending sexually explicit images. It has also been well documented in the

adult literature that IPVA can be under-reported due to recall or reporting biases, particularly perpetration^{29,30}. Therefore, our estimates of IPVA prevalence are likely to provide a conservative estimate of the true prevalence.

The demographic make-up of those in the ALSPAC cohort limits generalisability of the estimated prevalence of IPVA to relatively affluent, predominantly White UK populations¹⁶. Just over one-third of individuals still in the cohort at 21 years old responded to the age 21 wave; internal checks found that those who responded were marginally more likely to be relatively affluent, White, and extremely parentally monitored, and less likely to carry out certain risk-taking behaviours (e.g. use cannabis or other illicit drugs at age 16). Previous work around the effects of participation rates in ALSPAC data, and Norwegian data in young people, found that this phenomenon had a small effect on resulting relative risks and odds ratios for these factors^{26,31}.

Comparison to other literature

We found that most of the risk factors for IPVA victimisation previously identified in north American young people were also potential risk factors for victimisation in a UK cohort^{8–14}, but this was not the case for low socioeconomic status (SES)^{11,32}. In the current study there was no clear relationship between area-based deprivation and risks of either victimisation or perpetration (relative risks oscillated when increasing from quintiles 2 to 5, with wide confidence intervals). This is consistent with findings of two recent UK cross-sectional studies (where ethnic minorities were more prevalent and participants were less likely to live with both parents), one suggesting no relationship between SES (as measured on the Family Affluence Scale) and emotional or physical victimisation or perpetration among 11–16 year olds^{7,33}, the other suggesting no relationship between SES (indicated by weekly spending money) and emotional or online sexual victimisation among 16–19 year olds³⁴. A recent longitudinal study using ALSPAC data estimated that cumulative exposure to low SES (exposure at increasing numbers of time-points; this time SES being dichotomised as quintiles 4–5 vs. 1–3) was associated with a modest increase in risk of IPVA at ages 18–21 (RR=1.4; 95% confidence interval 1.1 to 1.8; i.e. a similar low point estimate to our findings with a narrower confidence interval)³⁵, and IPVA victimisation frequency (a 62% increase in frequency for a one-unit increase in cumulative exposure). Low SES may have a relatively modest relationship with exposure to any IPVA as SES is a very distal factor. This is consistent with analysis based on the Crime Survey for England and Wales³⁶, reporting a stronger association between low SES with more frequent IPVA events. Relative risks of IPVA for individual-level factors (rather than area-level Index of Multiple Deprivation), that are closely related with SES (i.e. education and NEET status), did not provide much clear evidence about the relationship between SES and IPVA, either (Table 2). High academic achievement had negligible associations with IPVA for men and appeared to have negative associations with IPVA for women. NEET status at 18 years old had a positive association with both victimisation perpetration, whereas NEET status at 20 years old had a negative association with IPVA victimisation and positive association with perpetration. The relationship between SES and IPVA should

still be examined and accounted for in future research. The pathways from different SES indicators to and from both IPVA victimisation and perpetration need to be explored more closely.

We found that most factors studied were risk factors for, as well as victimisation, IPVA perpetration, particularly being a sexual minority, self-harm, anti-social behaviours, cannabis, other illicit drug use, sexual abuse, and witnessing domestic violence – this is a novel addition to the literature given the paucity of reporting of risk factors for perpetration.

Implications for policy, practice, and research

The fact that a large minority of young men and women aged up to 21 have been victimised and or perpetrated IPVA, highlights that the focus of inter-personal violence primary and secondary prevention needs to be broadened to include this age group. Only relatively recently has there been a sustained UK public health focus on IPVA in young people in particular^{10,33,34}. School-based intervention for primary prevention of IPVA (involving information/training provision about identification and reporting to staff, parents and students), that has shown some promise in north America^{37,38}, is currently being piloted in the UK³⁹. Statistics characterising those at highest risks of exposure to IPVA in this age group, such as those reported in the current study, can inform optimisation of such interventions or future initiatives in similar populations.

Our findings add to the debate around gender and violence, and whether the dichotomy of female victimisation and male perpetration widely found in north American adult IPVA studies (including young adults aged 18+, usually college students), similarly applies for UK adolescent and young adults. The prevalence of IPVA victimisation was indeed higher in females compared to males, particularly for physical and sexual victimisation. Nevertheless, the prevalence of victimisation among males was still substantial, at around one in four (compared to around one in three for females). In contrast to the adult literature, we found that the prevalence of perpetration was higher in females than males (about one in four compared to one in five), which was similarly the case when broken down into emotional and physical sub-types, but not sexual, where male perpetration was higher (about one in 63 vs. one in 333). It is possible that the gendered relationship of IPVA could differ for this younger age group³⁰. However, it must be noted that these gendered differences in prevalence could also be partially driven by gendered differences in reporting biases³⁰, and that among those reporting to have been victimised, females were more likely to report negative impact than males, including impacts that would be likely to have long-term health impacts (feeling anxious or depressed, work or studies being affected, drank more alcohol/took more drugs). Elsewhere, we are currently examining the relationship between IPVA and impact in terms of different patterns of sub-types and frequency of IPVA, and whether this might explain any gender differences⁴⁰. Future qualitative life-course interviews in this age-group will seek to explore in greater depth these differences from the perspectives of young men and young women who have experienced IPVA, including how these experiences have impacted on their lives⁴¹.

There is scope for further work in this area to better understand the pathways explaining the associations reported in the current study. We did not include potential risk factors simultaneously in a multivariable regression model as is commonly done in similar epidemiological studies, as our aim here was to identify risk factors and/or characteristics of young people exposed to IPVA and not necessarily to quantify associations whilst ‘adjusting’ for other potential characteristics; such an analysis would likely result in over-adjustment due to the clustering, complex and potentially causal relationships between explanatory variables. For example, it is well known that mental health problems such as depression or anxiety are heavily linked (often bi-directionally) to risky externalizing behaviours such as substance misuse or anti-social behaviour^{42,43}. Factors identified as being associated with IPVA in this study can be taken forward to be robustly studied within a causal framework, i.e., based on pre-hypothesised pathways to IPVA⁴⁴.

We found a plethora of factors associated with an increased risk of IPVA. Therefore, our findings provide a focal point for research efforts aimed at elucidating the likely complex pathways to IPVA in young people. Only by understanding such pathways can we improve prevention efforts.

Data availability

ALSPAC data access is through a system of managed open access. The steps below highlight how to apply for access to ALSPAC data, including access to the Stata/R scripts used for analyses reported in this Research Article.

1. Please read the [ALSPAC access policy \(PDF, 627kB\)](#) which describes the process of accessing the data and samples in detail, and outlines the costs associated with doing so.
2. You may also find it useful to browse our fully searchable [research proposals database](#), which lists all research projects that have been approved since April 2011.
3. Please [submit your research proposal](#) for consideration by the ALSPAC Executive Committee. You will receive a response within 10 working days to advise you whether your proposal has been approved.

If you have any questions about accessing data, please email alspac-data@bristol.ac.uk.

The ALSPAC data management plan describes in detail the policy regarding data sharing, which is through a system of managed open access.

Extended data

Open Science Framework: Risk factors for intimate partner violence and abuse among adolescents and young adults: Extended Data. <https://doi.org/10.17605/OSF.IO/K35Y8>²⁰.

The file ‘Extended_data.docx’ contains the following extended data:

- Table A. ALSPAC study questions/responses used to capture romantic relationships.
- Table B. Details about study variables of interest.
- Box A. Notes on imputation.
- Table C. Cohort characteristics.
- Table D. Prevalence of Interpersonal Violence and Abuse (IPVA) victimisation and perpetration by socio-demographic/ clinical variables and sex.
- Table E. Prevalence of Interpersonal Violence and Abuse (IPVA) victimisation and perpetration by Adverse Childhood Experiences (ACEs), age at when IPVA occurred, and sex.
- Table F. Relative risks of Interpersonal Violence and Abuse (IPVA) by 21 years old by socio-demographic/clinical variables and sex (missing risk factor data not imputed – for results where data imputed see [Table 2](#) in main manuscript).

Extended data are available under the terms of the [Creative Commons Attribution 4.0 International license](#) (CC-BY 4.0).

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Version 2

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Clare Tanton

Global Health and Development, London School of Hygiene and Tropical Medicine, London, UK

Thank you for the response to my previous comments and the changes you have made to the manuscript. I have the following additional comments.

In the response the authors say:

"Tables 2 and 3 do present relative risks, that is, the prevalence of IPVA at age 0-21 for one level of the factor (e.g. deprivation level 2) / the prevalence of IPVA at age 0-21 for the reference level of the factor (e.g. deprivation level 1)."

However, in my understanding of these tables this is not the case. Taking the example the authors give, the relative risk would be $30.3/28.5$ for men which is a RR of 1.06, whereas the table shows a RR of 1.09. An OR, however would be $((30.3/69.7)/(28.5/71.5))=1$. The difference is less apparent here but for example for the variable sexual identity, the OR is 1.91 but this is not the same as the prevalence almost doubling as the percentages are 40.4 and 26.2. The text needs to represent that these are ORs rather than RRs.

Also, in the response the authors say:

"Original reviewer comment: Text states that "early all factors studied were positively associated with IPVA victimisation by age 21, except for high levels of parental monitoring at age 15, NEET status in young men, and ethnicity minority status in women, which were negatively associated" but I didn't see a negative association for ethnic minority status for women?"

- In Table 2, the relative risk of IPVA victimisation for ethnicity minority status women (vs. white) was 0.87 (95% CI: 0.56 to 1.36)."

Since this OR is close to one and the 95%CI crosses 1 substantially, to me this suggests no evidence for an association between ethnicity and IPVA victimisation.

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Epidemiology, sexual health, violence

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Reviewer Report 26 November 2020

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Katharina Goessmann

Department of Psychology, Bielefeld University, Bielefeld, Germany

I appreciate the opportunity to review this important and high-quality research manuscript. The study provides an interesting descriptive analysis of associations of intimate partner violence (and abuse) victimization and perpetration among UK youth and young adults. The study has several strengths, such as its longitudinal design and large sample. I think the authors addressing of the suggestions from reviewer 1 has already enhanced the manuscript, and I only have some minor comments for further improvement.

- Method, Page 4: Outcome IPVA: IPVA is defined here as violence performed in (ex-)partnerships; however, the instrument used to assess IPVA also includes violence that happened during single occasion intimate encounters (one-night stands). Did you assess whether reported IPVA occurred in a (ex-)relationship or during a one-night stand? Could you please discuss implications of this inclusion?
- The article is about violence performed in (ex-)partnerships, called intimate partner violence (and abuse). The authors use the abbreviation IPVA for this; however, in their table captures, IPVA is used short for “*interpersonal* violence and abuse”. For reasons of consistency, I suggest to use the term “intimate partner violence and abuse (IPVA)” throughout the manuscript instead of interchanging it with “interpersonal violence”. Plus, the spelling of interpersonal/inter-personal is inconsistent.
- Deprivation is introduced in the methods and tables as a potential risk factor for IPVA, but it is not clear to me what is meant by deprivation which seems to be used here as an SES indicator. Please consider explaining the term “(area-based/level) deprivation” for non-UK readers.
- The authors state that gender (identity) was not included in the analyses due to insufficient data. However, the authors talk about “gender differences” in their discussion of results, even though only sex was included in the analyses. Please make sure to use the correct terminology throughout the manuscript. Also, as sexual and gender minority groups are among those most affected by interpersonal and partner violence, especially SGM youth

(Whitton et al., 2019¹; Dank, Lachman, Zweig, & Yahner, 2014²; Luo, Stone, & Tharp, 2014³; Olsen, Vivolo-Kantor, & Kann, 2017⁴), I would like to see a deeper discussion of the potential different impacts and associations of sex vs. gender in IPVA.

- Also, the sex/gender of the victimized or perpetrating partners, respectively, was not assessed and information on sexual orientation is missing from 24.5 (of men) and 30.4 % (of women) of the sample. This prevents further interpretations of the results in terms of gender dynamics in partnerships and should be mentioned in the discussion of “gender differences” on page 11. The discussion needs to consider the missing information regarding sex/gender of the relationship partners in this study, as from this data, it cannot be concluded that victimization of a male person means perpetration by a female, and vice versa (except for those participants who indicated to engage only in heterosexual relationships). A more detailed assessment of perpetrator characteristics, relationship types and participants’ sexual orientation is a potential for future study, and should be discussed.
- Wording: I suggest using the term ‘sexual orientation’ instead of ‘sexuality’.
- Discussion, Page 12: As the authors mention, the link between mental health (depression or anxiety etc.) and risky externalizing behaviours such as substance misuse or anti-social behavior is well established; however, the citations provided by the authors (Cho et al. 2014, Pesola et al. 2014) – albeit interesting – are not exactly fitting for this statement in my opinion, as they focus more on the link between substance abuse and anti-social behaviors or depression as a mediating variable between sexual orientation and alcohol abuse. Please consider adding additional references.

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Is the work clearly and accurately presented and does it cite the current literature?

Partly

Is the study design appropriate and is the work technically sound?

Yes

Are sufficient details of methods and analysis provided to allow replication by others?

Yes

If applicable, is the statistical analysis and its interpretation appropriate?

Yes

Are all the source data underlying the results available to ensure full reproducibility?

Yes

Are the conclusions drawn adequately supported by the results?

Partly

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: violence, gender-based violence, mental health

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 07 Jan 2021

Annie Herbert, University of Bristol, Bristol, UK

Katharina Goessmann, Department of Psychology, Bielefeld University, Bielefeld, Germany

I appreciate the opportunity to review this important and high-quality research manuscript. The study provides an interesting descriptive analysis of associations of intimate partner violence (and abuse) victimization and perpetration among UK youth and young adults. The study has several strengths, such as its longitudinal design and large sample. I think the authors addressing of the suggestions from reviewer 1 has already enhanced the manuscript, and I only have some minor comments for further improvement.

Thank you for your positive response to our work. We really appreciate you taking the time to review our manuscript. We have tried to address your comments point-by-point, below.

1. Method, Page 4: Outcome IPVA: IPVA is defined here as violence performed in (ex-)partnerships; however, the instrument used to assess IPVA also includes violence that happened during single occasion intimate encounters (one-night stands). Did you assess whether reported IPVA occurred in a (ex-)relationship or during a one-night stand? Could you please discuss implications of this inclusion?

Although the question asking about IPVA experiences states that this can include within either (ex-) relationships or one-night stands, the questionnaire doesn't ask explicitly about whether the experience took place in one or the other. This was intentional, as relationships for young people (and the young people's own understandings/interpretations of what it means being in a relationship) are more difficult to categorise than for older adults. In previous research from our group, many young people spoke about more 'flexible' encounters where they knew the other person but also had one-night stands with them and were not exclusive (a form of casual relationship which was more common with older teenagers). Although the length/type of a relationship is not necessarily related to the intensity of the relationship experience or to the impact of IPVA on young people, in our qualitative interviews, we use a life-course calendar

approach which gives more opportunities to reflect on how these factors might relate to IPVA experiences. We have now included the following text in the Methods to make this point.

Was:

"Questions asked about occurrence of eight different examples of emotional, physical, and sexual IPVA victimisation within intimate relationships, including one-night stands (e.g.: 'Used physical force such as pushing, slapping, hitting or holding you down?' – physical victimisation)."

now:

"...physical victimisation). The questionnaire did not distinguish between the length/type of relationship (e.g. long-term, one-night stand), as relationships for young people (and the young people's own understandings/interpretations of what it means being in a relationship) are more difficult to categorise than for older adults.[Reference: Barter et al, NSPCC 2009; Stanley et al, JIPV 2016]"

2. The article is about violence performed in (ex-)partnerships, called intimate partner violence (and abuse). The authors use the abbreviation IPVA for this; however, in their table captures, IPVA is used short for "interpersonal violence and abuse". For reasons of consistency, I suggest to use the term "intimate partner violence and abuse (IPVA)" throughout the manuscript instead of interchanging it with "interpersonal violence". Plus, the spelling of interpersonal/inter-personal is inconsistent.

Thank you for spotting this inconsistency. We have now gone through the manuscript and ensured that the updated version only includes IPVA to mean 'intimate partner violence and abuse'. There should now no longer be any mention of 'interpersonal' (or 'inter-personal') in the main text or Extended Data.

3. Deprivation is introduced in the methods and tables as a potential risk factor for IPVA, but it is not clear to me what is meant by deprivation which seems to be used here as an SES indicator. Please consider explaining the term "(area-based/level) deprivation" for non-UK readers.

We have now included the following text, which hopefully will make it clearer what we mean by 'deprivation' for readers: On first mention when describing proportions of young people in relationships,

was:

"...with little difference between those of different deprivation categories..."

now:

"...with little difference between those of different 'deprivation' (socio-economic) categories..."

and in two sentences' time describing variables included in main analyses, was:

"These factors were: high area-level deprivation (age 21), ethnic minority status,..."

now:

"These factors were: high area-level deprivation (i.e. being resident in a geographical area with a high 'Index of Multiple Deprivation' score at age 21;[Reference: Lad et al, 2011] an indicator of socio-economic status), ethnicity minority status,..."

Given that this is followed by describing a large number of other factors considered in the analysis, more detail/reference is provided in Extended Table B.

4. The authors state that gender (identity) was not included in the analyses due to insufficient data. However, the authors talk about "gender differences" in their discussion of results, even though only sex was included in the analyses. Please make sure to use the correct terminology throughout the manuscript. Also, as sexual and gender minority groups are among those most affected by interpersonal and partner violence, especially SGM youth (Whitton et al., 2019¹; Dank, Lachman, Zweig, & Yahner, 2014²; Luo, Stone, & Tharp, 2014³; Olsen, Vivolo-Kantor, & Kann, 2017⁴), I would like to see a deeper discussion of the potential different impacts and associations of sex vs. gender in IPVA.

Thankyou. When we say 'gender differences' we do indeed mean 'sex differences' and this has now been corrected throughout the updated manuscript. We discuss sex differences in IPVA patterns in the second paragraph of 'Implications for policy, practice, and research', and have now expanded this to include gender identity and sexual orientation.

Was:

"...Elsewhere, we are currently examining the relationship between IPVA and impact in terms of different patterns of sub-types and frequency of IPVA, and whether this might explain any sex differences.(40) Future qualitative life-course interviews in this age-group will seek to explore in greater depth these differences from the perspectives of young men and young women who have experienced IPVA, including how these experiences have impacted on their lives."

now:

"...impacted on their lives. Such interviews provide scope to explore other important factors, such as gender and sexual identity (including choosing not to identify with a sexual orientation), and their experiences, given that IPVA is particularly prevalent for minority groups.[References: Halpern et al, JAH 2004; Dank et al JYA 2014; Peitzmeier AMJPH 2020]"

5. Also, the sex/gender of the victimized or perpetrating partners, respectively, was not assessed and information on sexual orientation is missing from 24.5 (of men) and 30.4 % (of women) of the sample. This prevents further interpretations of the results in terms of gender dynamics in partnerships and should be mentioned in the discussion of "gender differences" on page 11. The discussion needs to consider the missing information regarding sex/gender of the relationship partners in this study, as from this data, it cannot be concluded that victimization of a male person means perpetration by a female, and vice versa (except for those participants who indicated to engage only in heterosexual relationships). A more detailed assessment of perpetrator characteristics, relationship types and participants' sexual orientation is a potential for future study, and should be discussed.

- *While it is true that information on sexual orientation was missing for around one-quarter to one-third of individuals, the main results relate to data that were multiply imputed, including the sexual orientation variable. Estimated relative risks from the multiply*

imputed datasets were similar to those estimated from data on complete cases only (Extended Data, Table F).

It is an important point that for those indicating that they were not 100% heterosexual, we cannot say whether the (ex-)relationships/one-night stands that these IPVA experiences occurred in were opposite- or same-sex pairs, and the sex of the victim or perpetrator that the individual is answering about.

We have now included the following text in the Discussion under 'Strengths and Limitations' to make this point:

"Though we have some information about sexual orientation of the cohort, the IPVA questionnaire did not explicitly ask about the sex of the person who either victimised the individual, or that the person victimised. At least 8% of men and 9% of women had identified as not being 100% heterosexual at age 15 (Extended Data, Table C), but there were 25% and 30% for which this information was not available. Estimated relative risks of not being 100% heterosexual vs. 100% heterosexual, in data where sexual orientation was multiple imputed were very similar to those estimated in complete case data only (Table 2; Extended Data, Table F). Therefore, estimated effect sizes were negligibly impacted. However, given the potentially large proportions of participants who identify as not being 100% heterosexual, when interpreting sex-specific overall prevalence and relative risks, we cannot assume that victimisation outcomes reported by a male will have been perpetrated by a female, or vice versa."

We are currently carrying out more detailed assessment of perpetrator characteristics, relationship types and participants' sexual orientation, as part of qualitative life-course interviews, which we discuss in the second paragraph of 'Implications for policy, practice, and research'.

6. Wording: I suggest using the term 'sexual orientation' instead of 'sexuality'.

We agree and this has now been done, both in the main manuscript text and Extended Data.

7. Discussion, Page 12: As the authors mention, the link between mental health (depression or anxiety etc.) and risky externalizing behaviours such as substance misuse or anti-social behavior is well established; however, the citations provided by the authors (Cho et al. 2014, Pesola et al. 2014) – albeit interesting – are not exactly fitting for this statement in my opinion, as they focus more on the link between substance abuse and anti-social behaviors or depression as a mediating variable between sexual orientation and alcohol abuse. Please consider adding additional references.

We have now updated these references to: 1) Wiesner et al, J Abnormal Psych 2003, which directly investigates the bi-directional relationship between depressive symptoms and delinquent behaviour; 2) Campbell et al, Prev Med 2020, which directly investigates the association between different risky externalizing behaviours (including harmful alcohol use, trouble with the police, and problem gambling) and depression and anxiety.

Competing Interests: No competing interests were disclosed.

Version 1

Reviewer Report 23 September 2020

<https://doi.org/10.21956/wellcomeopenres.17679.r40128>

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Clare Tanton

Global Health and Development, London School of Hygiene and Tropical Medicine, London, UK

This is an interesting analysis of IPV data from ALSPAC. It builds on earlier work published in this area from the dataset extending this work to look at risk factors for both IPVA victimisation and perpetration. I have a couple of main comments.

Firstly, one of the stated strengths of the study is that it is longitudinal and could capture characteristics before and at the time the IPVA occurred. I agree with this, however, I don't think that the analysis and presentation of the results maximises this strength. The main outcome used is experience of IPVA up to age 21 so it is not possible to disentangle the sequence of events for many of these exposures. I wonder whether the authors considered looking at IPVA *after* age 18 and exposures before this time? Then, I wondered whether the results would be better presented by trying to group the exposures by life stage rather than e.g. grouping together mental health at two different ages. Thinking through to implications for prevention and at what age this might occur and how to identify those at risk at different stages of development. Can stronger risk factors be identified earlier in life? I appreciate that the authors say in the discussion that they do not want to construct a multivariable model in this analysis but I think the analysis could be presented in a way that is more coherent with this staged approach to data analysis.

Secondly, the tables look to present odds ratios rather than relative risks? If I am correct, the text should be adjusted to reflect that these are odds ratios. At the moment it refers in a number of places to a doubling of risk but this is not the case looking at the percentages because the prevalence of IPVA is high.

Some additional comments:

Introduction

Could references be added to the following sentence (some from the previous sentence may be moved here): "Further, most studies of IPVA have been in small or unrepresentative samples, are of adolescents aged under 18 or older adults, are in young girls and women only or investigate risk or protective factors for victimisation but not perpetration."

Methods*Data*

Could you add the year the age 21 wave was collected.

I found the description of the sample confusing. You state that this is the 3,279 answering questions within the IPVA section, then the next paragraph refers to estimating how many of the cohort had been in a relationship. Was this to define who answered the questions on IPVA?

The response rate to the survey is not high. Is there a comparison elsewhere between those who responded and those who didn't to better understand the biases that could be referenced. Could you include some further information on this in the discussion.

There are a lot of missing data. I have presumed that this is due to non-completion of previous surveys (rather than choosing not to answer specific questions) but a table/figure summarising who completed which surveys might be useful within the main paper. I cannot comment on the methods used to deal with the missing data.

Results

Figure 1 - these results by gender appear in an earlier report of these data where they are compared statistically. There are differences reported by gender for almost all negative impacts - these are larger for the negative impacts which may have a longer-term impact e.g. anxiety, depression, affecting studies. This could be mentioned in the discussion.

There are a lot of really interesting results presented. I wonder if the tables would be easier to follow if they were split by victimisation and perpetration rather than by gender. This would help align the text since the comparison being made in the text is by gender, rather than by victimisation/perpetration.

Tables - make number of decimal places consistent for percentages.

I think tables 2 and 3 would benefit from having the no. people in each of the categories.

Text states that "early all factors studied were positively associated with IPVA victimisation by age 21, except for high levels of parental monitoring at age 15, NEET status in young men, and ethnicity minority status in women, which were negatively associated" but I didn't see a negative association for ethnic minority status for women?

Discussion

The discussion of gender and violence would benefit from further contextualisation of the results by gender e.g. frequency of occurrence of violence, no. different items experienced/perpetrated, experience of no. different types of violence. The first paragraph of the results could be expanded along these lines.

Area level deprivation is a limited measure since it does not tell you anything about an individual's SES. You could also discuss findings from other proxies e.g. education and NEET status in this section.

Is the work clearly and accurately presented and does it cite the current literature?

Yes

Is the study design appropriate and is the work technically sound?

Partly

Are sufficient details of methods and analysis provided to allow replication by others?

Yes

If applicable, is the statistical analysis and its interpretation appropriate?

Partly

Are all the source data underlying the results available to ensure full reproducibility?

Yes

Are the conclusions drawn adequately supported by the results?

Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Epidemiology, sexual health, violence

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 02 Nov 2020

Annie Herbert, University of Bristol, Bristol, UK

Thank you for the time put into reviewing this paper and positive feedback. It has helped us to update and strengthen the paper. We will try to address your comments point by point, below.

1. Firstly, one of the stated strengths of the study is that it is longitudinal and could capture characteristics before and at the time the IPVA occurred. I agree with this, however, I don't think that the analysis and presentation of the results maximises this strength. The main outcome used is experience of IPVA up to age 21 so it is not possible to disentangle the sequence of events for many of these exposures. I wonder whether the authors considered looking at IPVA after age 18 and exposures before this time?

- We did indeed consider the possibility of exploring IPVA at 18-21 only, for the reasons given in the comment. However, we decided that, as the principal purpose of the study was descriptive, and to characterise young relationships in terms of both historical and current sociodemographic, parental behavioural, and clinical factors, that the sequence of events was not a priority, relative to being able to describe the range of factors that we did. For example, hazardous alcohol use and NEET (Not Employed, in Education, or Training) status, factors which have never been described for young people exposed to IPVA in the UK before, were only captured at 18 years or older.

Further, looking at exposures before turning 18 and outcomes after turning 18 could only

interpreted in terms of sequence of events if the sample was further restricted to those who did not report any IPVA at age 0-17. We have started to explore this in other work that looks more deeply at specific variables (e.g. depression) and their relationships with IPVA and attempts to infer causal pathways, but feel it is beyond the scope of the current descriptive study.

For those interested in descriptive statistics of factors for those exposed to IPVA at age 18-21 in particular (regardless of whether exposed to IPVA at age 0-17 as well), these are provided in Tables D and E of the Extended Data file.

2. Then, I wondered whether the results would be better presented by trying to group the exposures by life stage rather than e.g. grouping together mental health at two different ages. Thinking through to implications for prevention and at what age this might occur and how to identify those at risk at different stages of development. Can stronger risk factors be identified earlier in life? I appreciate that the authors say in the discussion that they do not want to construct a multivariable model in this analysis but I think the analysis could be presented in a way that is more coherent with this staged approach to data analysis.

- As mentioned in the response to comment 1., the purpose of the study is to describe the cohort, rather than disentangle sequences of events. In Table 2, the outcome is IPVA at age 0-21, and so we feel it is more meaningful to group the factors in these tables according to 'domain', i.e. demographic, internalising behaviours, etc. We have now included extra labelling in Table 2 to make this clear. In Table 3, factors all relate to the domain of 'ACEs' and the periods when these factors were captured (at age 0-16) are all very similar, and so we did not alter any ordering here.

However, in Table D of the Extended Data file, the IPVA outcome here is separated out by time (ages 0-17 and 18-21) and so we have re-ordered the factors chronologically as the reviewer suggests.

3. Secondly, the tables look to present odds ratios rather than relative risks? If I am correct, the text should be adjusted to reflect that these are odds ratios. At the moment it refers in a number of places to a doubling of risk but this is not the case looking at the percentages because the prevalence of IPVA is high.

- Tables 2 and 3 do present relative risks, that is, the prevalence of IPVA at age 0-21 for one level of the factor (e.g. deprivation level 2) / the prevalence of IPVA at age 0-21 for the reference level of the factor (e.g. deprivation level 1).

4. Could references be added to the following sentence (some from the previous sentence may be moved here): "Further, most studies of IPVA have been in small or unrepresentative samples, are of adolescents aged under 18 or older adults, are in young girls and women only or investigate risk or protective factors for victimisation but not perpetration."

- This sentence is supported by the references from the previous sentence (references 8-14). We will also include them after the current sentence.

5. Could you add the year the age 21 wave was collected.

- Thanks for the suggestion. In the next version of this manuscript we have updated the following sentence:

'We focussed on participants in the age 21 wave (median and interquartile range [IQR] age 21, 21 to 22); 9,353 were sent a questionnaire (online/paper), to which 3,459 (37%) responded.'

to:

'We focussed on participants in the age 21 wave (median and interquartile range [IQR] age 21, 21 to 22). All eligible participants who could be contacted (n=9,353) were provided details of an online questionnaire in mid-December 2013, and then sent a series of up to four reminders and three-week intervals, some of these reminders containing a paper version of the same questionnaire. The dataset for the age 21 wave consisted of 3,459/9,353 (37%) who had responded.'

6. I found the description of the sample confusing. You state that this is the 3,279 answering questions within the IPVA section, then the next paragraph refers to estimating how many of the cohort had been in a relationship. Was this to define who answered the questions on IPVA?

- The cohort is indeed all of those who answered questions in the IPVA section, regardless of whether they indicated that they had been in a relationship or not (88% had indicated this, but questions used to capture relationships were on the whole non-specific, and this is likely to be an under-estimate).

We agree that including the paragraph on relationships within the section on Data is confusing and we apologise. We therefore will move this paragraph into the section 'Characteristics of the study cohort' in the next version of the manuscript. Indeed, in this latter section we already describe the proportions who have indicated a relationship by certain ages, so it makes more sense that the text should go here.

7. The response rate to the survey is not high. Is there a comparison elsewhere between those who responded and those who didn't to better understand the biases that could be referenced. Could you include some further information on this in the discussion.

- Thankyou for the suggestion. We have now extended some of the text that covers external validity and include reference to the description of the full cohort.

We have changed the following text:

"The demographic make-up of those that responded to the IPVA questionnaire limits generalisability of the estimated prevalence of IPVA to relatively affluent, predominantly White UK populations. This should not substantially affect the generalisability of reported associations between a range of risk factors and increased risk of IPVA, though it is possible that the magnitude of the association might differ (e.g. be stronger in a more socioeconomically deprived population)."

to:

"The demographic make-up of those in the ALSPAC cohort limits generalisability of the estimated prevalence of IPVA to relatively affluent, predominantly White UK populations.(reference: Boyd et al, IJE 2013). Just over one-third of individuals still in the cohort at 21 years old responded to the age 21 wave; internal checks found that those who responded were marginally more likely to be relatively affluent, White, and extremely parentally monitored, and less likely to carry out certain risk-taking behaviours (e.g. use cannabis or other illicit drugs at age 16). Previous work around the effects of participation rates in ALSPAC data, and Norwegian data in young people, found that this phenomenon had a small effect on resulting relative risks and odds ratios for these factors.(references: Howe et al, Epidemiology 2013, Bjertness et al, BMC Public Health 2010)

8. There are a lot of missing data. I have presumed that this is due to non-completion of previous surveys (rather than choosing not to answer specific questions) but a table/figure summarising who completed which surveys might be useful within the main paper. I cannot comment on the methods used to deal with the missing data.

- Extended Data Table C provides the proportions of missing data for all factors, prior to multiple imputation. Exceptions are hospitalisations, risky sexual behaviours, and Adverse Childhood Experiences (ACEs): for these variables it is possible to say if these factors were present, but not if they were absent. However, if we have misunderstood and the comment is asking for other information, please let us know and we'd be happy to try to provide it.

9. Figure 1 - these results by gender appear in an earlier report of these data where they are compared statistically. There are differences reported by gender for almost all negative impacts - these are larger for the negative impacts which may have a longer-term impact e.g. anxiety, depression, affecting studies. This could be mentioned in the discussion.

- Thanks for this suggestion. We have updated the following sentence:

"However, it must be noted that these gendered differences in prevalence could also be partially driven by gendered differences in reporting biases, and that among those reporting to have perpetrated IPVA, females were more likely to report negative impact than males."

to:

"However, it must be noted that these gendered differences in prevalence could also be partially driven by gendered differences in reporting biases, and that among those

reporting to have been victimised, females were more likely to report negative impact than males, including impacts that would be likely to have long-term health impacts (feeling anxious or depressed, work or studies being affected, drank more alcohol/took more drugs). We are currently examining the relationship between IPVA and impact in terms of different patterns of sub-types and frequency of IPVA, and whether this might explain any gender differences.(reference: Herbert et al, unpublished)"

10. There are a lot of really interesting results presented. I wonder if the tables would be easier to follow if they were split by victimisation and perpetration rather than by gender. This would help align the text since the comparison being made in the text is by gender, rather than by victimisation/perpetration.

- Thanks for this suggestion, which we agree will make interpretation easier. We have now updated Tables 2 and 3, and Extended Data Tables D, E, and F, as such.

11. Tables - make number of decimal places consistent for percentages.

- Apologies, this has now been done.

12. I think tables 2 and 3 would benefit from having the no. people in each of the categories.

- Tables 2 and 3 are of pooled results from multiply imputed data. We have now included footnotes to make this clearer. Numbers of people in each of the categories in the raw data (including number of those missing) are provided in Extended Data Table C.

13. Text states that "early all factors studied were positively associated with IPVA victimisation by age 21, except for high levels of parental monitoring at age 15, NEET status in young men, and ethnicity minority status in women, which were negatively associated" but I didn't see a negative association for ethnic minority status for women?

- In Table 2, the relative risk of IPVA victimisation for ethnicity minority status women (vs. white) was 0.87 (95% CI: 0.56 to 1.36).

14. The discussion of gender and violence would benefit from further contextualisation of the results by gender e.g. frequency of occurrence of violence, no. different items experienced/perpetrated, experience of no. different types of violence. The first paragraph of the results could be expanded along these lines.

- In Table 1, we cover the prevalence of different subtypes of IPVA victimisation and perpetration; these results, and the comparison between genders, are discussed in the first paragraph of the Results section, under 'Prevalence and impact of IPVA victimisation and

perpetration'. Our analysis and results do not touch on other dimensions of IPVA such as frequency of occurrence (we defined IPVA as having endorsed at least 'Once' for reasons described in the section 'Outcome: IPVA'), or number of items experienced/perpetrated. We are exploring the latter dimensions in a separate study, which is in progress.

15. Area level deprivation is a limited measure since it does not tell you anything about an individual's SES. You could also discuss findings from other proxies e.g. education and NEET status in this section.

- We appreciate that point that education and NEET status are individual-level factors that could tell us something about the relationship between SES and IPVA. In the next version of the manuscript, we have updated the paragraph about SES to include the following text:

"Relative risks of IPVA for individual-level factors (rather than area-level Index of Multiple Deprivation), that are closely related with SES (i.e. education and NEET status), did not provide clear evidence about the relationship between SES and IPVA, either (Table 2). High academic achievement had negligible associations with IPVA for men and appeared to have negative associations with IPVA for women. NEET status at 18 years old had a positive association with both victimisation and perpetration, whereas NEET status at 20 years old had a negative association with IPVA victimisation and positive association with perpetration. The relationship between SES and IPVA should still be examined and accounted for in future research. The pathways from different SES indicators to and from both IPVA victimisation and perpetration need to be explored more closely."

Additionally:

Whilst updating the manuscript in response to the reviewer comments, we realised that the exacting wording of the question around impact related only to victimisation. Therefore, we have also updated Figure 1 to only include impact outcomes relative to victimisation status, not victimisation and perpetration.

Competing Interests: We have none to declare.

Author Response 07 Jan 2021

Annie Herbert, University of Bristol, Bristol, UK

Thank you for the response to my previous comments and the changes you have made to the manuscript.

Thanks Clare, for taking the time to look over the updated version. We have tried to address your outstanding comments, below.

1. In the response the authors say:

"Tables 2 and 3 do present relative risks, that is, the prevalence of IPVA at age 0-21 for one level of the factor (e.g. deprivation level 2) / the prevalence of IPVA at age 0-21 for the reference level of the factor (e.g. deprivation level 1)."

However, in my understanding of these tables this is not the case. Taking the example the authors give, the relative risk would be $30.3/28.5$ for men which is a RR of 1.06, whereas the table shows a RR of 1.09. An OR, however would be $((30.3/69.7)/(28.5/71.5))=1$. The difference is less apparent here but for example for the variable sexual identity, the OR is 1.91 but this is not the same as the prevalence almost doubling as the percentages are 40.4 and 26.2. The text needs to represent that these are ORs rather than RRs.

Having gone back to the original R code used, you're absolutely right and indeed, we pooled results of logistic regression models across imputed datasets. Thanks for spotting this, and we apologise for the error. We have updated the results to reported estimated RRs (as per Zhang *et al*, JAMA 1998). These changes affect Tables 2 and 3, and Table F in Extended Data. The (RR) estimates have moved closer to the null compared with the original (OR) estimates, but general conclusions about the strongest risk/protective factors have remained unchanged.

2. Also, in the response the authors say:

"Original reviewer comment: Text states that "early all factors studied were positively associated with IPVA victimisation by age 21, except for high levels of parental monitoring at age 15, NEET status in young men, and ethnicity minority status in women, which were negatively associated" but I didn't see a negative association for ethnic minority status for women?

- In Table 2, the relative risk of IPVA victimisation for ethnicity minority status women (vs. white) was 0.87 (95% CI: 0.56 to 1.36)."

Since this OR is close to one and the 95%CI crosses 1 substantially, to me this suggests no evidence for an association between ethnicity and IPVA victimisation.

We take your point that the confidence interval includes a null association, and (given the updated results to report RRs not ORs), the updated point estimate for ethnic minority status women is now not below 1. Therefore, we have removed this text in the updated manuscript.

Competing Interests: No competing interests were disclosed.